

St. Albert – Hwy 44 - Meadowview Road – Red Willow Trails – Sir W. Churchill – Dawson/Return

- Start at MacDonalds (665 St. Albert Trail, St. Albert T8N 3L3)
- Ride West towards Villeneuve, continue to Secondary 779
- South on Hwy 44 to Meadowview Road and then East
- (Optional) Continue along Red Willow Trail Systems to Kingswood Park, SW on Sir W. Churchill
- Return to Downtown St. Albert, ride up Founders Walk, past the Mission to Dawson
- From Dawson return to MacDonalds via St. Albert Trail or through the Deer Ridge Community
- Distance, circa 47km; small elevation gain and loss in including Sir W. Churchill Hill